



ELEMENTARY SCHOOL WEST BREAKFAST MENU



2	3	4	5	6
NO SCHOOL	Apple Jacks Cereal Pouch Cheese Stick Fruit Juice Fresh Fruit Choice of Milk	Kellogg's Nutri-Grain Bar Cheese Stick Fruit Juice Fresh Fruit Choice of Milk	Yoplait Yogurt Scooby Sticks Fresh Fruit Fruit Juice Choice of Milk	Mini Bagel w/Cin.Cr.Cheese Fruit Juice Fresh Fruit Choice of Milk
9	10	11	12	13
Fruit Loop Cereal Pouch Cheese Stick Fruit Juice Fresh Fruit Choice of Milk	Otis Spunkmeyer Muffin Cheese Stick Fresh Fruit Fruit Juice Choice of Milk	Cinni Mini Pastry Fruit Juice Fresh Fruit Choice of Milk	Frosted Flakes Cereal Pouch Cheese Stick Fresh Fruit Fruit Juice Choice of Milk	Kellogg's Nutri-Grain Bar Cheese Stick Fruit Juice Fresh Fruit Choice of Milk
16	17	18	19	20
Cin.Toast Crunch Cereal Bar Cheese Stick Fruit Juice Fresh Fruit Choice of Milk	Kellogg's Rice Krispy Treat Cheese Stick Fruit Juice Fresh Fruit Choice of Milk	Kellogg's Pop Tart Cheese Stick Fruit Juice Fresh Fruit Choice of Milk	Otis Spunkmeyer Muffin Cheese Stick Orange Juice Fresh Fruit Choice of Milk	Trix Cereal Bar Cheese Stick Fruit Juice Fresh Fruit Choice of Milk
23	24	25	26	27
NO SCHOOL		Merry Christmas From Your Aramark Lunch Ladies	State requires offering of 1 cup of fruit at breakfast and lunch. If not on menu, is offered at register.	PRICE FREE

Breakfast in the Classroom

COST
Free

Just stop by the cafeteria when you arrive at school and Grab-a-Bag. It's that easy. Be sure to have the para-educator check your name off.

Choice of Fruit or Juice
What do you like? Fresh Apples? Oranges? Bananas?

Choice of Milk
Variety includes low-fat and fat-free choices.

Hello! My name is Ana.
Breakfast is my favorite meal of the day.

Hey Friends, be sure to start your day off right with a good breakfast! A balanced meal in the morning will give you the energy and nutrition you need to fuel your brain and body for a busy day.

